

Day 17th May – Oral Communications

Time	Author	Title and authors
18:00	Xue Li	The combined effect of daytime napping and night sleeping on the risk of stroke in women Xue Li Department of Epidemiology and biostatistics, College of Public Health, Shanghai Jiao Tong University School of Medicine, Shanghai, China
18:09	Isabel Amorim	Different response to CPAP in man and women with chronic insomnia disorder and OSAS Isabel Loução Amorim, MD ¹ ; Ana Rita Peralta, MD ^{1,2} ; Carla Bentes, MD ^{1,2} 1. Department of Neurosciences, Neurology Service, EEG/Sleep Laboratory, Hospital de Santa Maria, Lisbon, Portugal 2. Faculty of Medicine, University of Lisbon, Lisbon, Portugal
18:18	Sara Parreira	Phenotyping OSA – Demographic and polysomnographic predictors of non-desaturating OSA Sara Parreira ¹ , Carla Bentes ^{2,3} , Ana Rita Peralta ^{2,3} 1 - Serviço de Neurologia, Hospital de Santa Maria - Centro Hospitalar Lisboa Norte, Lisboa 2 - Laboratório de EEG/Sono, Serviço de Neurologia, Hospital de Santa Maria - Centro Hospitalar Lisboa Norte, Lisboa 3 - Faculdade de Medicina, Universidade de Lisboa, Lisboa
18:27	Joana Vaz Castro	Women with obstructive sleep apnea (OSA): Which are the gender differences? Joana Vaz de Castro ^{1,2} , Tathiana Alvarenga ¹ , Catia Reis ^{1,3} , Cátia Oliveira ¹ , Tiago Tavares ¹ , Sofia Rebocho ¹ , Richard Staats ^{1,4} , Teresa Paiva ¹ 1. CENC – Sleep Medicine Center, Lisboa, Portugal 2. Serviço de Otorrinolaringologia, Hospital Garcia de Orta EPE, Almada, Portugal 3. ISAMB, Faculdade de Medicina, Universidade de Lisboa, Lisboa, Portugal 4. Serviço de Pneumologia, Hospital de Santa Maria, Centro Hospitalar Lisboa Norte EPE, Lisboa, Portugal
18:36	Paula Pinto	Effectiveness of the follow-up of patients with obstructive sleep apnea undergoing CPAP treatment in primary care units Bruno Van Amman ¹ , Ana Dias ¹ , Margarida Dias ² , Marta Escaleira ¹ , Cristina Martinho ¹ , Rita Pinto Basto ¹ , Paula Pinto ^{1,3} , Cristina Bárbara ^{1,3} 1 Thorax Department Centro Hospitalar Lisboa Norte, Lisbon, Portugal 2Pulmonology Department, Centro Hospitalar de Vila Nova de Gaia e Espinho, EPE, Vila Nova de Gaia, Portugal; 3 ISAMB Faculdade de Medicina de Lisboa, Portugal
18:45	Dmitriy Panov	Sleep disorders and cardiovascular risk in female population 25–64 years in Russia/Siberia: based WHO epidemiological program Monica–Psychosocial E. Gromova ^{1,2} , D.O. Panov ^{1,2} , I. Gagulin ^{1,2} , E.Krymov ^{1,2} , A.V. Gafarova ^{1,2} , V. Gafarov ^{1,2} 1. Collaborative laboratory of Cardiovascular Diseases Epidemiology, Novosibirsk, Russia 2. NIITP- branch Institute of Cytology and Genetics, Novosibirsk, Russia
18:54	Dulce Neutel	Differences between women and men related to RBD D Neutel ¹ , C Maruta ^{1,2} , C Reis ^{1,3} , T Alvarenga ¹ , A Viegas ¹ , Catia Oliveira ¹ , T Paiva ¹ 1- CENC – Sleep Medicine Center 2- Católica Research Centre for Psychological, Family and Social Wellbeing
19:03	Ana Viegas	Differences between women and men related to Periodic Limb Movements Ana Viegas ¹ , Tiago Corujo ¹ , Hugo Ferreira ¹ , Dulce Neutel ¹ , Cátia Reis ^{1,2} , Tathiana Alvarenga ¹ & Teresa Paiva ¹ 1 - CENC – Sleep Medicine Center, Lisbon, Portugal 2 - ISAMB, Medical Faculty of Lisbon, Portugal
19:12	Rosa Peraita-Adrados	Narcolepsy with cataplexy and pregnancy. A case-control study Elena Calvo-Ferrándiz MD, PhD, Rosa Peraita-Adrados MD, PhD Sleep and Epilepsy Unit - Clinical Neurophysiology Service, University General Hospital Gregorio Marañón. University Complutense of Madrid (UCM). Madrid, Spain

19:21	Dulce Neutel	<p>Gender differences in Portuguese Narcolepsy with and without Cataplexy</p> <p>Dulce Neutel¹, Catia Reis^{1,2}, Ana Viegas¹, Tathiana Alvarenga¹, Teresa Paiva</p> <p>1- CENC – Sleep Medicine Center 2- ISAMB – Faculdade de Medicina de Lisboa</p>
19:30	Björg Thorleifsdottir	<p>Effect of a 6-week rehabilitation program on health status and sleep in women with fibromyalgia.</p> <p>Björg Thorleifsdottir¹, Gunnhildur L Marteinsdottir², Nina K Gudmundsdottir², Ingolfur Kristjansson², Hlin Bjarnadottir², and Marta Gudjonsdottir^{1,2}</p> <p>1 Department of Physiology, Faculty of Medicine, University of Iceland 2 Department of Rheumatic Diseases, Reykjalundur Rehabilitation Centre, Iceland</p>
19:39	Margarida Santos	<p>Sleep quality and sleep cognitive and behavioral dimensions in adolescents and youngsters students – what about the girls?</p> <p>Margarida Santos, Carolina Cortez, Monalisa Gomes & Luísa Barros</p> <p>Escola Superior de Tecnologias da Saúde – Instituto Politécnico de Lisboa Faculdade de Psicologia da Universidade de Lisboa</p>
19:45	Closing	

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Number	Author	Title, authors, Institutions
1	Maria Raquel Silva	<p>Sleep habits of Portuguese music and non-music students</p> <p>Maria-Raquel G. Silva^{1,2,3}, Hugo-Henrique Silva^{4,5} Teresa Paiva⁶</p> <p>1Faculty of Health Sciences, University Fernando Pessoa, Oporto, Portugal</p> <p>2Research Centre for Anthropology and Health, University of Coimbra, Coimbra, Portugal</p> <p>3Scientific Commission of the Gymnastics Federation of Portugal, Lisbon, Portugal</p> <p>4Portuguese Ministry of Education, Lisbon, Portugal</p> <p>5Óquei Clube de Barcelos, Barcelos, Portugal</p> <p>6CENC, Sleep Medicine Center, Lisbon, Portugal</p>
2	Carolina Maruta	<p>Gender-related demographic, polysomnographic, cognitive and psychological factors in insomnia</p> <p>Carolina Maruta^{1,2}, Tathiana Alvarenga¹, Cátia Reis^{1,3}, Dulce Neutel¹, Helena Rebelo Pinto^{1,2}, Teresa Paiva¹</p> <p>1 - CENC – Sleep Medicine Center, Lisbon, Portugal; 2 – Católica Research Centre for Psychological, Family and Social Wellbeing; 3 - ISAMB, Medical Faculty of Lisbon, Portugal</p>
3	Inês Miranda	<p>Personality traits, Perseverative Thinking and Psychological Distress</p> <p>Inês Lopes Miranda Borges de Araújo; Maria João Soares, Ana Telma Pereira, Sandra Bos, António Macedo</p> <p>Department of Psychological Medicine, Faculty of Medicine, University of Coimbra, Coimbra, Portugal</p>
4	Tathiana Alvarenga	<p>Differences between women and men related to insomnia</p> <p>Tathiana Alvarenga¹, Carolina Maruta^{1,2}, Dulce Neutel¹, Cátia Reis^{1,3} Helena Rebelo Pinto^{1,2}, Teresa Paiva¹</p> <p>1- CENC – Sleep Medicine Center, Lisbon, Portugal</p> <p>2- Católica Research Centre for Psychological, Family and Social Wellbeing</p> <p>3- ISAMB, Medical Faculty of Lisbon, Portugal</p>
5	Vanda Clemente	<p>What does the Insomnia Severity Index (ISI) tell us about women diagnosed with chronic insomnia?</p> <p>Clemente, V.1, Allen Gomes, A.2,3, Sousa, A.C.2, Coutinho, B.2, Andrade, H.4, Marques, D.4</p> <p>1 Sleep Medicine Centre, University Hospital Centre of Coimbra (CHUC), Coimbra</p> <p>2 Faculty of Psychology and Educational Sciences, University of Coimbra, Coimbra</p> <p>3 CINEICC - FCT R&D Unit: Cognitive and Behavioral Center for Research and Intervention (FPCE-UC), Coimbra</p> <p>4 Department of Education and Psychology, University of Aveiro, Aveiro</p>
6	Nadia Pereira	<p>Dietary influences on sleep quality in menopause: a review</p> <p>Nádia Raci Marques Pereira¹, Carolina Vicente Banzoli^{1,2}, Manoel João Batista Castello Girão³, Sergio Tufik¹, Helena Hachul^{1,2,3}</p> <p>1 – Departamento de Psicobiologia – Universidade Federal de São Paulo – São Paulo, Brazil</p> <p>2 – Departamento de Ginecologia – Casa de Saúde Hospital Santa Marcelina – São Paulo, Brazil</p> <p>3 – Departamento de Ginecologia – Universidade Federal de São Paulo – São Paulo, Brazil</p>
7	Ana Paula Carvalho	<p>Changes in women’s sleep/wake cycle</p> <p>Ana Paula Carvalho¹, Adilson Marques²</p> <p>1 National School of Public Health, New University of Lisbon;</p> <p>2 Interdisciplinary Center for the Study of Human Performance, Human Motricity Faculty, University of Lisbon Center for Public Health Research, National School of Public Health, New University of Lisbon</p>
8	Ana Paula Carvalho	<p>Changes in the sleep/wake cycle - gender differences</p> <p>Ana Paula Carvalho¹, Adilson Marques²</p> <p>1 National School of Public Health, New University of Lisbon;</p>

		2 Interdisciplinary Center for the Study of Human Performance, Human Motricity Faculty, University of Lisbon Center for Public Health Research, National School of Public Health, New University of Lisbon
9	Helena Hachul	Premenstrual syndrome and sleep disturbances: results from the Sao Paulo Epidemiologic Sleep Study Zaira Fernanda M. Nicolau1; Andréia G. Bezerra1; Daniel N. Polese1; Monica L. Andersen1; Lia Bittencourt1; Sergio Tufik1 and Helena Hachul1,2 1. Department of Psychobiology, Universidade Federal de São Paulo, São Paulo, SP, Brazil 2. Department of Gynecology, Casa de Saúde Santa Marcelina, São Paulo, SP, Brazil
10	Helena Hachul	Mindfulness decreases insomnia and hot flashes in postmenopause: a case report Marcelo Csermak Garcia, PhD1; Cristiana Alves Cesar Netto1; Manoel João Batista Castello Girão MD, PhD 2; Sergio Tufik, MD, PhD1 ; Helena Hachul, MD, PhD1,2,3 1Departamento de Psicobiologia, Universidade Federal de São Paulo; 2Departamento de Ginecologia, Universidade Federal de São Paulo; 3Departamento de Ginecologia, Casa de Saude Santa Marcelina
11	Helena Hachul	A narrative review of mindfulness interventions during pregnancy Leandro dos Reis Lucena1, Cristina Frange1, Monica Levy Andersen1, Sergio Tufik1, Helena Hachul1,2 1 - Departamento de Psicobiologia - Universidade Federal de São Paulo – São Paulo, Brazil 2 - Departamento de Ginecologia - Casa de Saúde Santa Marcelina – São Paulo, Brazil
12	Joana Isaac	Women’s Sleep Across a Lifetime: from menarche to menopause Joana Isaac, Célia Santos, Ana Matos Pires Serviço de Psiquiatria, Hospital José Joaquim Fernandes, Unidade Local de Saúde do Baixo Alentejo
13	Helena Hachul	Evaluation of subjective sleep in hormonal contraceptive users Andréia Gomes Bezerra1, Monica Levy Andersen1, Gabriel Natan Pires1, Carolina Vicente Banzoli1,2, Sergio Tufik1, Helena Hachul1,2 1 - Departamento de Psicobiologia - Universidade Federal de São Paulo – São Paulo, Brazil 2 - Departamento de Ginecologia - Casa de Saúde Santa Marcelina – São Paulo, Brazil
14	Carolina Vicente Banzoli	Profile of women assisted in the Sleep Sector in Women - UNIFESP, Brazil Carolina Vicente Banzoli1,2, Andréia Gomes Bezerra1, Manoel João Batista Castello Girão3, Sergio Tufik1, Helena Hachul1,2,3 1 – Departamento de Psicobiologia – Universidade Federal de São Paulo – Sao Paulo, Brazil 2 – Departamento de Ginecologia – Casa de Saúde Hospital Santa Marcelina – Sao Paulo, Brazil 3 – Departamento de Ginecologia – Universidade Federal de São Paulo – Sao Paulo, Brazil
15	Joana Isaac	Breastfeeding, prolactin release and sleep Joana Isaac, Célia Santos, Ana Matos Pires Serviço de Psiquiatria, Hospital José Joaquim Fernandes, Unidade Local de Saúde do Baixo Alentejo

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18:00	Joana Pires	Dream recall frequency and content in healthy women Joana Pires ¹ and Teresa Paiva ² 1- ESTeL, Lisbon, Portugal 2- CENC – Sleep Medicine Center, Lisbon, Portugal
18:09	Joana Pires	Spectral EEG bands and the Dream Property Scale in healthy women Joana Pires ¹ and Teresa Paiva ² 1- ESTeL, Lisbon, Portugal 2- CENC – Sleep Medicine Center, Lisbon, Portugal
18:18	Mariana Mendes	Nighttime insomnia complaints and poor sleep quality in women: a study using the BaSIQS Mariana Miller Mendes, Vanda Clemente, Sara Marques, Daniel Marques, Ana Allen Gomes Faculdade de Psicologia e Ciências da Educação da Universidade de Coimbra. Centro de Medicina do Sono, CHUC, Coimbra (Portugal). Faculdade de Psicologia e Ciências da Educação da Universidade de Coimbra. Unidade de Investigação da FCT: CINEICC (FPCE-UC).
18:27	Sandra Bos	Sleep pattern changes and insomnia symptoms from the third trimester of pregnancy to 12 months postpartum SC Bos ¹ , BR Maia ² , AT Pereira ¹ , AP Amaral ³ , A Macedo ¹ 1 Institute of Medical Psychology, Faculty of Medicine, University of Coimbra, Portugal 2 The Catholic University of Portugal, Braga Regional Centre, Faculty of Philosophy and Social Sciences, Portugal 3 ESTESC, Coimbra Health School, Polytechnic Institute of Coimbra, Coimbra, Portugal.
18:36	Tânia Gaspar	Sleep behavior and life styles in adolescence: gender differences Tania Gaspar, PhD ^{2,3} ; Teresa Paiva, PhD ^{1,2} ; Margarida Gaspar de Matos, PhD ^{2,4} 1 CENC- Sleep Medicine Center, Lisbon, Portugal 2 ISAMB/ University of Lisbon, Portugal 3 University Lusitana/CLISSIS, Portugal 4 FMH/ University of Lisbon, Portugal
18:45	Ana Allen Gomes	Sleep in undergraduate women at a Portuguese university: what changed from 2003 to 2013? Inês Louro (1) e Ana A. Gomes (1, 2) (1) Faculty of Psychology and Educational Sciences, University of Coimbra.
18:54	Paula Ferreira	Rest-activity rhythm assessment and quality of life in women with type 2 diabetes: a pilot study Paula Cavalcanti ¹ , Lee Berk ¹ , Noha Daher ¹ , Tania Campus ² , John Araujo ² , Jerrold Petrofsky ¹ , Everett Lohman ¹ 1 Loma Linda University, Loma Linda-CA, USA 2 Universidade Federal do Rio Grande do Norte, Natal-RN, Brazil
19:03	Teresa Paiva	Sexual Abuse in CHILDHOOD AND Adolescence and Sleep long-term effects Teresa Paiva CENC – Sleep Medicine Center, Lisbon, Portugal
19:12	Cátia Reis	Differences between women and men in patients with Delayed Sleep/Wake Phase Syndrome Cátia Reis ^{1,2} , Teresa Paiva ¹ 1. CENC - Sleep Medicine Center, Lisboa, Portugal 2. ISAMB - Faculdade de Medicina da Universidade de Lisboa, Portugal
19:21	Luisa Pilz	PSQI differences between workdays and work-free days in women and men Cátia Reis ^{1,2} , Luísa K. Pilz ^{3,4,5} , Lena K. Keller ^{3,6} , Till Roenneberg ³ , Teresa Paiva ^{1,2} 1. CENC - Centro de Medicina do Sono, Lisbon, Portugal 2. ISAMB - Lisbon Faculty of Medicine, Lisbon, Portugal 3. Institute for Medical Psychology, Center for Chronobiology, Medical Faculty, LMU, Munich, Germany

		<p>4. Laboratório de Cronobiologia e Sono, HCPA/UFRGS. Porto Alegre, RS – Brazil</p> <p>5. PPG em Psiquiatria e Ciências do Comportamento, UFRGS. Porto Alegre, RS – Brazil</p> <p>6. Department of Child and Adolescent Psychiatry, University Hospital Munich, Munich, Germany</p>
19:30	Catia Reis	<p>Mapping of sleep duration and quality of life in Portugal: gender differences</p> <p>Cátia Reis^{1,2}, Ana M Rodrigues^{3,4,5,6}, Sara Dias^{3,6,7}, Rute de Sousa^{3,6}, Maria João Gregório^{3,8}, Jaime Branco^{3,5}, Helena Canhão^{3,4,6,9}, Teresa Paiva¹</p> <p>1CENC - Sleep Medicine Center, Lisboa, Portugal</p> <p>2ISAMB - Faculdade de Medicina da Universidade de Lisboa, Portugal</p> <p>3Centro de Estudos de Doenças Crónicas (CEDOC), EpiDoC Unit, NOVA Medical School, Universidade Nova de Lisboa (NMS/UNL), Lisboa, Portugal</p> <p>4Sociedade Portuguesa de Reumatologia, Lisboa, Portugal</p> <p>5Rheumatology Research Unit, Instituto de Medicina Molecular, Lisboa, Portugal</p> <p>6EpiSaúde - Associação Científica, Évora, Portugal</p> <p>7Unidade de Investigação em Saúde (UIS), Escola Superior de Saúde do Instituto Politécnico de Leiria, Leiria, Portugal</p> <p>8Faculdade de Ciências da Nutrição e Alimentação da Universidade do Porto, Porto, Portugal</p> <p>9Escola Nacional de Saúde Pública, Universidade Nova de Lisboa, Lisboa Portugal</p>
19:39	Sara Madeira	<p>Sleep, chronotype and social jetlag in university students - reported and objective data</p> <p>Sara Gamboa Madeira^{1,2}, Cátia Reis^{1,2}, Tathiana Alvarenga², Teresa Paiva²</p> <p>1 ISAMB, Faculdade de Medicina, Universidade de Lisboa, Portugal</p> <p>2 CENC – Centro de Medicina do Sono, Lisboa, Portugal</p>
19:45	Closing	

Day 18th May – Posters 18:00-19:50

Number	Author	Title, authors, Institutions
16	Daniel Polesel	<p>Gender differences in the application of anthropometric measures for evaluation of obstructive sleep apnea</p> <p>Daniel Ninello Polesel¹, Karen Tieme Nozoe¹, Sergio Brasil Tufik¹, Andréia Gomes Bezerra¹, Maria T.B. Fernandes², Lia Bittencourt¹, Sergio Tufik¹, Monica Levy Andersen¹, Helena Hachul^{1,3}</p> <ol style="list-style-type: none"> 1. Departamento de Psicobiologia, Universidade Federal de São Paulo, São Paulo, SP, Brazil 2. Departamento de Pediatria, Universidade de São Paulo, São Paulo, SP, Brazil 3. Departamento de Ginecologia, Casa de Saúde Santa Marcelina, São Paulo, SP, Brazil
17	Fernanda Neufel	<p>Association between obesity and sleep disorders in postmenopausal women</p> <p>Maria Fernanda Naufel¹, Cristina Frange², Monica Levy Andersen², Manoel Girão³, Sergio Tufik², Eliane Beraldi Ribeiro¹, Helena Hachul^{2,3}</p> <p>1Department of Physiology, 2Psychobiology, 3Gynecology of Universidade Federal de São Paulo - São Paulo - Brazil</p>
18	Daniel Polesel	<p>Waist circumference is a better predictor than body mass index concerning to cardiometabolic risk factors and sleep pattern: a cross-sectional study</p> <p>Daniel Ninello Polesel¹, Karen Tieme Nozoe¹, Lia Bittencourt¹, Maria T.B. Fernandes², Sergio Tufik¹, Monica Levy Andersen¹, Helena Hachul^{1,3}</p> <ol style="list-style-type: none"> 1. Departamento de Psicobiologia, Universidade Federal de São Paulo, São Paulo, SP, Brazil 2. Departamento de Pediatria, Universidade de São Paulo, São Paulo, SP, Brazil 3. Departamento de Ginecologia, Casa de Saúde Santa Marcelina, São Paulo, SP, Brazil
19	Maria Braz	<p>Oral Appliance Therapy – first choice in mild and moderate OSA?</p> <p>Braz M1 , Ferreira C1 , Dias E1 , Carvalho F1 , Gaspar H2 , Teixeira F2 , Moita J.2 1</p> <p>1– Serviço de Pneumologia B, Hospital Geral – Centro Hospitalar e Universitário de Coimbra. 2 – Centro de Medicina do Sono, Hospital Geral – Centro Hospitalar e Universitário de Coimbra.</p>
20	Eulalia Semedo	<p>CBT-I, medication and EMDR combination therapy for Insomnia Disorder - a case report</p> <p>Semedo, E (1), Gomes, LF (2)</p> <p>(1) Hospital da Luz Amadora, Sleep Unit; (2) Hospital da Luz Amadora, Psychology Unit</p>
21	Marta Pereira	<p>Prevalence of sleep disordered breathing in asthmatic women</p> <p>M. PEREIRA¹, C. FERREIRA², T. ALMEIDA², F. TEIXEIRA², A. ARROBAS²</p> <p>1Centro Hospitalar Universitário do Algarve – Hospital de Faro</p> <p>2Centro Hospitalar e Universitário de Coimbra – Hospital Geral</p>
22	José Coutinho Costa	<p>Gender differences in a young population of patients with OSA - 2 year analysis</p> <p>JC Costa¹, JN Machado¹, M. Braz¹, PU Brito¹, P. Ramalho¹, C. Santos², F. Teixeira², J. Moita²</p> <p>1 – Serviço Pneumologia B, Centro Hospitalar e Universitário de Coimbra, - Hospital Geral</p> <p>2 – Centro de Medicina do Sono, Centro Hospitalar e Universitário de Coimbra – Hospital Geral</p>
23	João Fernandes Costa	<p>Obstructive sleep apnea and depression in women – a descriptive analysis</p> <p>João Fernandes Costa, Marcos Oliveira, Filipa Fernandes, Madalena Reis, José Manuel Silva, Catarina Rito, Alcina Tavares</p> <p>Pulmonology Department - Unidade Local de Saúde da Guarda Director: Dr. Luís Ferreira</p>
24	Joana Vaz Castro	<p>WOMEN ON THE STAGE: WILL WE FIND GENDER DIFFERENCES IN OBSTRUCTIVE SLEEP APNEA POLYSOMNOGRAPHY RESULTS?</p> <p>Joana Vaz de Castro^{1,2}, Tathiana Alvarenga¹, Catia Reis^{1,3}, Cátia Oliveira¹, Tiago Tavares¹, Sofia Rebocho¹, Richard Staats^{1,4}, Teresa Paiva¹</p> <ol style="list-style-type: none"> 1. Centro de Electroencefalografia e Neurofisiologia Clínica, Lisboa, Portugal 2. Serviço de Otorrinolaringologia, Hospital Garcia de Orta EPE, Almada, Portugal

		3. ISAMB, Faculdade de Medicina, Universidade de Lisboa, Lisboa, Portugal 4. Serviço de Pneumologia, Hospital de Santa Maria, Centro Hospitalar Lisboa Norte EPE, Lisboa, Portugal
25	Filipa Fernandes	Fibromyalgia and OSAS: a case report Filipa Ramalho Fernandes ¹ , João Costa ¹ , Filipa Carriço ¹ , Marcos Oliveira ¹ , Gonçalo Samouco ¹ , Alcina Tavares ¹ 1 – Serviço de Pneumologia, Unidade Local de Saúde da Guarda E.P.E
26	Xue Li	The role of overlong Sleep in the Relationship between Creatine Kinase and Cardiac function in women Xue Li ^{1*} ; Qiujin Huang ² ¹ Department of Epidemiology and biostatistics, College of Public Health, Shanghai Jiao Tong University School of Medicine, Shanghai, China ² The First Affiliated Hospital, Harbin Medical University, Harbin, China
27	Corrado Garbazza	Chronobiology, sleep-related risk factors and light therapy in perinatal depression: the Life-ON Project Corrado Garbazza (3,4), Simone Baiardi (1), Fabio Cirignotta (1), Alessandro Cicolin (2), Armando D’Agostino (5), Silvio Scarone (5), Orsola Gambini (5), Alessandra Giordano (2), Mariapaola Canevini (5), Susanna Mondini (1), Nicola Rizzo (6), Christian Cajochen (4), Mauro Manconi (3) 1 Department of Head, Neck and Sensory System, Neurology Unit, Sant’Orsola-Malpighi Hospital, University of Bologna, Italy 2 Sleep Medicine Center, Neuroscience Dept, AOU Città della Salute e della Scienza - Molinette, Università di Torino, Italy 3 Sleep Center, Neurocenter of Southern Switzerland, Civic Hospital, Lugano, Switzerland 4 Centre for Chronobiology, Psychiatric Hospital of the University of Basel, Switzerland 5 Department of Health Sciences, Università degli Studi di Milano, Italy 6 Department of Obstetrics and Gynecology, Sant’Orsola-Malpighi Hospital, University of Bologna, Italy
28	André C. Tonon	Sex Differences in Circadian Variations of Mood: The Importance of Sleep and Alertness André C. Tonon ^{1,2} , Alicia Carissimi ¹ , Luísa K. Pilz ^{1,2} , Ana Paula Francisco ^{1,2} , Melissa A. de Oliveira ^{1,2} , Raul C. Fabris ^{1,2} , Madeleine S. Medeiros ^{1,2} , Marina S. Medeiros ^{1,2} , Luciene Garay ^{1,2} , Benicio N. Frey ^{3,4} , Ana Adan ⁵ , Maria Paz Hidalgo ^{1,2} 1 Laboratório de Cronobiologia e Sono, HCPA/UFRGS, Porto Alegre, Brazil 2 Post-graduate Program in Psychiatry and Behavioral Sciences, UFRGS, Porto Alegre, Brazil 3 Department of Psychiatry and Behavioural Neurosciences, McMaster, Hamilton, Canada 4 Mood Disorders Program, St. Joseph’s Healthcare, Hamilton, ON, Canada 5 Departamento de Psiquiatria y Psicobiología Clínica, Universitat de Barcelona, Barcelona, Spain
29	André C. Tonon	Sleep in women and men from Quilombolas communities Luísa K. Pilz ^{1,2} , Rosa Levandovski ³ , André C. Tonon ^{1,2} , Till Roenneberg ^{4,*} , Maria Paz Hidalgo ^{1,2,*} 1 Laboratório de Cronobiologia e Sono, HCPA/UFRGS 2 PPG em Psiquiatria e Ciências do Comportamento, UFRGS 3 Centro de Educação Tecnológica e Pesquisa em Saúde – Escola GHC 4 Institute of Medical Psychology, LMU